

MarathonMasters Relay October 15, 2010



Recently our club achieved quite a milestone - **20 years** since it's being chartered (1990) at Sprint.

Current activities

New Club Address

We meet every **Thursday** from 12 to 1 at **Trailside Center**
9901 Holmes Rd. (Just north of I-435 & Holmes)
Kansas City, Mo 64131



Anything not included here will be on our [website](http://marthonmasters.org). <http://marthonmasters.org> **Guests are always welcome, so come by for a visit to see what we're all about.**

Presidents Corner

Welcome to the District 22 Marathon Masters Newsletter. Toastmasters can help you improve your communications skills and achieve your leadership goals. Toastmasters have a proven method of teaching others to speak in public, learning by doing. If we're not familiar with your true limits and we don't bother to test them, we just assume that we have reached our highest potential. There is never a cost to visit a meeting. If you have any question(s) please **contact us** we will be happy to help you.

All of us underestimate our potential. It's a natural human tendency, probably because

Contact Information:	Meeting at: 9901 Holmes	Websites	1
Eldon Miller (816) 686-3753	Trailside Center	http://www.marathonmasters.org	
Martha De Mond (913) 707-0327	12 to 1pm Every Thursday	http://www.toastmasters22.org	
CALL	VISIT	CLICK	

caution is a survival mechanism. Potential is found by doing; stretch yourself into learning, so we can assist you. If we're not familiar with our true limits and we don't bother to test them, we just assume that we have reached our highest potential. **What stops you is the belief that you're only capable of so much.** If you really knew that you could keep stretching yourself and your capabilities, you'd think nothing of taking on huge challenges every day of your life!

MarathonMasters Relay

Over time, you can keep expanding the perception of your potential simply by choosing to recognize that more is possible. The more potential you can see for yourself and your life, the more motivated you will be to do something about it.

If you want to reach your highest potential in life, you will need to start expanding your perception of what you're capable of. Come join us at Marathon Masters! We would like to invite you to come visit our meetings Marathon Masters Toastmasters Club.

Martha De Mond, DTM
President

October 28, 2010 - Open House: At 12:00 pm to 1:00 pm. Helen Fu
Speaker time is 15 minutes. *The Kansas City Star ad:*

<http://calendar.kansascity.com/event/id/E0-001-034678107-9/how-to-go-from-panic-to-power-public-speech-lessons-from-a-champion->

See the craigslist ad: <http://kansascity.craigslist.org/eve/2020912968.html>



New Officers	July 1 2010-2011
President:	Martha De Mond – First Right
Vice President Education	James Williams - Second
Vice President Membership	Eldon Miller - Third
Vice President Public Relations	Steven Zhang (Not Pictured)

Contact Information:

Eldon Miller (816) 686-3753

Martha De Mond (913) 707-0327

CALL

Meeting at: 9901 Holmes

Trailside Center

12 to 1pm Every Thursday

VISIT

Websites

<http://www.marathonmasters.org>

<http://www.toastmasters22.org>

CLICK

2

Treasurer	Rose Sanders-Likes – Fourth
Secretary	Rose Sanders-Likes - Fourth
Sergeant at Arms	Jim Stoutenborough - Fifth
Immediate Past President (IPP)	Cheri Willard (Not Pictured)

MarathonMasters Relay

High Performance Leadership Program: Mbaari is also undertaking an HPL project in support of the international charity called, Women in Energy & Environmental Technology Institute (WEET-Institute). Mbaari is the Executive Director. WEET-Institute is a social enterprise whose objective is to help alleviate the hardships poor women (in Kenya) face on a daily basis due to chronic diseases caused by indoor pollution, poor sanitation, scarcity of clean fuel and unclean water. This goal will be achieved through sustainable technology transfer and entrepreneurial training. WEET-Institute is a 501(c)(3) charity. More information is available at www.weet-institutue.org.

Club Ribbons

2008-2009 **President's Distinguished Club**
 2009-2010 **President's Distinguished Club**
 2010 – **Division Governor in Club Martha De Mond**

District Leadership Opportunities!!!

- District Governor
- Lt. Governor Marketing
- Area Governor
- Public Relation Officer (PRO)
- District Webmaster
- District Conference Chair
- District TLI Coordinator
- District Database Manager
- Club Coach
- Lt. Governor Education and Training
- Division Governor
- Assistant Area Governor
- District Auditor
- District Parliamentarian
- Club Sponsor
- Club Mentor
- District Judges Chair

Upcoming Events

- *Begin Talk Up Toastmasters* challenge to add five new Club members in February and March. 31, 2011
- Contest Dates TBA
- **April 1 2011 Deadline for Club Dues Renewal** to arrive at TI World Headquarters
- Open Houses we do not have pizza. Remember *to bring a friend, any Thursday!*
- **Pizza for Dues** will be in Middle of March.

Contact Information:

Eldon Miller (816) 686-3753

Martha De Mond (913) 707-0327

Meeting at: 9901 Holmes

Trailside Center

12 tolpm Every Thursday

[Websites](#)

<http://www.marathonmasters.org>

<http://www.toastmasters22.org>

3

CALL

VISIT

CLICK

MarathonMasters Relay

- **Beat the Clock** award challenge to add five new club members, May 1, 2010 to June 30, 2011.
- May 21, Area and Division Governor Training for 2011 -2012
- May 30, 2011 Club elects new officers and submit new Officer List to Toastmasters International Headquarters
- June 30 2011, finish the 2010-2011 Toasters year!



INDIVIDUAL GOALS/ Two Tracks, Communication & Leadership

Communication Track Requirements:	Leadership Track
CC - Competent Communicator	CL - Competent Leader
Completed the Competent Communication manual	Completed Leadership manual
ACB - Advanced - Bronze	ALB - Advanced Leader Bronze
Completed two Advanced Manuals	<i>Requirements:</i>
Achieved the Competent Communication award	Achieved Competent Communicator award
ACS - Advanced Communicator Silver	Served at least 6 months as a club officer and participated in the preparation of a Club success Plan when in office
Achieved ACB – Advanced Communicator Bronze	While serving in the above office, participated in a district-sponsored club-officer training program
Completed two additional Advanced Communication manuals	Conducted any two programs from the Success Club Series & or The Leadership Excellence Series
Conducted any two programs from the Better Series & or The Successful Club Series	ALS- Advanced Leader Silver
ACG – Advanced Communicator Gold	<i>Requirements:</i>
Achieved ACS - Advanced Communicator Silver	Achieved Advanced Leader Bronze award or “old CL”
Completed two additional Advanced Communication manuals, not used above	Served a complete term as a district officer
Conducted any two programs from The Better Speaker Series	Completed High Performance Leadership Program
DTM - Distinguished CC	Mentor or Coach a Club
Achieved ALS – Advanced Leader Silver	
Achieved ACG - Advanced Communicator Gold	

Contact Information:

Eldon Miller (816) 686-3753

Martha De Mond (913) 707-0327

CALL

Meeting at: 9901 Holmes

Trailside Center

12 to 1pm Every Thursday

VISIT

[Websites](#)

<http://www.marathonmasters.org>

<http://www.toastmasters22.org>

CLICK

MarathonMasters Relay

Toastmaster international uses the **Distinguished Club Program** (DCP) as follows. July1, 2010 through June 30, 2011.

Clubs with at least 20 members (Charter Strength) or **with net growth** of at least five new members at June 30 which also do the following are eligible for TI recognition at the year end.

GOALS

Achieve any five of 10 goals

Achieve any seven of 10 goals

Achieve any nine of 10 goals

We have 4 Distinguished Club Program (DCP) goals so far, partial credit on 3 goals and 19 paid members. We are on our way to be *President's Distinguished Club* again!!

RECOGNITION

Distinguished Club

Select Distinguished Club

President's Distinguished Club

Feature-member: Rose Sanders-Likes / Treasurer/ Secretary

Shortly after I started working at Sprint in June 1996, a lady (Jean) a few cubes from me invited me to my first Toastmasters meeting. For my first meeting in February 1997 the theme was Valentines. The Toastmaster, my friend Jean Helmich, passed around a box of chocolates!! :-D Most of you know that every year for Valentines, I now pass around a box of chocolates.

I visited for about 4 weeks. And I became a member in March 1997. In June we had elections and they needed my service. My bachelor's degree was in Computers with a minor in Accounting and I was previously the treasurer in college for some clubs, so they voted me in as Treasurer for the July 1997 term.

Jean became my mentor. I did give my ice breaker. But I was always intimidated by "the TOASTMASTER of the day" role. So, she reserved the room for me and we practiced the entire thing. She pretended that she was the speaker, evaluator, etc, and I was the TM. She gave me a script detailing every line that I had in between introducing each person. I would call up the speaker, we would clap and I would shake her hand and sit down. Then I would come back up and shake her hand and clap again. This experience was invaluable for me.

Over the years I was able to take on different officer positions. I was voted in as the president in July 2003 and later that year I was pregnant. In fact, the VP, Helen, was also pg at the same time. After trying most of the officer positions, I have now stuck with the Treasurer role since it is my favorite and the more difficult to change often b/c of the bank account signatures. I enjoy helping our club in many ways. I am proud to be a MarathonMasters member!

Thanks,
Rose Sanders-Likes

Contact Information:

Eldon Miller (816) 686-3753

Martha De Mond (913) 707-0327

Meeting at: 9901 Holmes

Trailside Center

12 to 1pm Every Thursday

CALL

VISIT

[Websites](#)

<http://www.marathonmasters.org>

<http://www.toastmasters22.org>

CLICK

5

MarathonMasters Relay

Past activities in our Club Marathon Masters #7703

Humorous Speech Contest Winner

1st Place: Mbaari Kinya, Ph.D. (#7703 MarathonMasters Club)

Date: Sept 11, 2010

Speech Title: **Gullible? Me? Never?**

Mbaari's explained that when she was a small child her family lived by the Indian Ocean. She related how an older child had made her believe that there were stores on the ocean floor, and that people could go down there to do shopping. Unfortunately she believed the story and got into all sorts of mischief trying to get to those stores at the bottom of the ocean.

2010 District 22 Speech Contest Winner as Guest Speaker on August 5th



MarathonMasters proudly hosted a special event and informal open house featured Ms. Helen Fu as our guest speaker. Helen gave us two 5-7 min speeches.

- ▣ Trying to get the Semdley Award. I have to say we tried, gained three new members, August 1 to September 30, 2010.

Contact Information:

Eldon Miller (816) 686-3753

Martha De Mond (913) 707-0327

CALL

Meeting at: 9901 Holmes

Trailside Center

12 to 1pm Every Thursday

VISIT

[Websites](#)

<http://www.marathonmasters.org>

<http://www.toastmasters22.org>

CLICK

6